

MASTER OF ARTS PSYCHOLOGY

SYLLABUS

**Choice Based Credit System (CBCS)
2018-2020**



**FAKIR MOHAN AUTONOMOUS COLLEGE,
BALASORE**

DISTRIBUTION OF MARK
Mid Semester Examination
Full Marks-20

- | | | |
|----|---|-----------------|
| 1. | One Long Answer questions (LAQ)
with One Alternative | 12 marks |
| 2. | Two Short Answer Question (SAQ)
out of four options | 2 x 4 =08 marks |
| | | Total= 20 marks |

Example

- | | | |
|---------|--|------------------|
| Q. No-1 | LAQ
Or
LAQ | 12 marks |
| Q. No-2 | SAQ (Answer any two)
a.
b.
c.
d. | 2 x 4= 08 marks |
| | | Total = 80 marks |

End Semester Examination
Full Marks-80

Section-A

10 Short Answer Questions (SAQ) 12 marks
out of 12 Questions covering the entire Syllabus

Section-B

3 Long Answer Questions (LAQ) each 3 x 20= 60 marks
Question with one alternative set unit wise
Total= 80 marks

Example

Section-A

Q. No-1 SAQ (Answer any ten)

- a.
- b.
- c.
- d.
- e.
- f.
- g.
- h.
- i.
- j.
- k.
- l.

2 x 10= 20 marks

Section-B

Q. No-2 Unit-I LAQ 20 marks

Or
LAQ

Q. No-2 Unit-II LAQ 20 marks

Or
LAQ

Q. No-2 Unit-III LAQ 20 marks

Or
LAQ

Total= 80 marks

CBCS Course Structure
Fakir Mohan Autonomous College, Balasore
2018-2020

Semeater	Paper	Paper Name	Credit	Marks in Each Semester		Total
				Mid Sem	End Sem	
1ST SEMESTER	I	Basic Psychological Process	06	20	80	100
	II	Life Span Developmental Psychology	06	20	80	100
	III	Research Methodology	06	20	80	100
	IV	Statistics	06	20	80	100
	V	Psychology- Practical Work	06	-	100	100
						500
2ND SEMESTER	VI	Social Psychology	06	20	80	100
	VII	Educational Psychology	06	20	80	100
	VIII	Psychological Testing	06	20	80	100
	IX	Health Psychology	06	20	80	100
	X	Practical Work	06	-	100	100
						500
3RD SEMESTER	XI	Counselling Psychology	06	20	80	100
	XII	Clinical Psychology	06	20	80	100
		Special Paper Gr-I				
	XIII	Organisational Behaviour	06	20	80	100
	XIV	Counselling Across Life Span	06	20	80	100
XV	Practical Work	06	-	100	100	
						500
4TH SEMESTER	XVI	Applied Social Psychology	06	20	80	100
	XVII	Human Resoruce Management	06	-	100	100
	XVIII	Community Psychology	06	-	100	100
	XX	Practical Work	06	-	100	100
	XX	Project/ Dissertation	06	-	100	100
						500

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**FIRST YEAR
Semester- I**

Credit-6

F.M: 20+80=100

**PAPER-I
BASIC PSYCHOLOGICAL PROCESS**

Unit- I

Classical Conditioning

Operant Conditioning

Cognitive Learning

Unit- II

Memory: Processes of Memory, Encoding, Storage, Retrieval, Stages of Memory, Sensory Memory, Short Term/ Working Memory, Long Term Memory, Improving Memory.

Forgetting: Theories of Forgetting, Amnesia.

Unit- III

Thinking: Concepts, Decision Making Process, Problem Solving

Reasoning: Inductive, Deductive, Creative thinking, Language

Intelligence: Meaning and Definition

Theories of Intelligence: Spearman, Gardner, Sternberg

Books

1. Psychology: Robert A Baron, Girishwar Mishra (2018) Pearson
2. Saundra, K. Ciccarelli J. Noland White (2018) Pearson

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Semester- I

Credit-6

F.M: 20+80=100

PAPER-II

LIFE SPAN DEVELOPMENTAL PSYCHOLOGY

Unit- I

Understanding Development: Conceptualising the Life Span

Theoretical Perspectives of Human Development: Freud's Psychoanalytic Theory, Erikson's Neo Freudian Theory, Watson's Classical Conditioning, Skinner's Operant Conditioning, Bandura's Social Cognitive Theory.

Unit- II

Prenatal Development and Birth, Environmental Hazards during Pre natal and Post natal stage, Piaget's Cognitive Development, Language Development
Disorders in Childhood: ADHD, Autism

Unit- III

Physical Development in Adolescents, Problems during Adolescents, Adolescents at Risk.

Adulthood: Beginning of a family, Midlife Crises, Old age, Problems during Old age.

Books

1. Life Span Human Development (2009) Sigelman & Rider: Wadsworth & Cengage.
2. Human Development (2007) Papalia, Old & Feldman.

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Semester- I

Credit-6

F.M: 20+80=100

PAPER-III

RESEARCH METHODOLOGY

Unit- I

Characteristics of Scientific Method, Psychological Research, Correctional and Experimental, Sample Size, Sampling Errors.

Unit- II

Experimental Designs: Pre-Test, Post Test Designs, Randomized Blocked Design, Experimental and Quasi Experimental Design, Qualitative and Quantitative Research, Diagnostic Study, Experimental Research, Survey, Case Study, Field Study, Reliability and Validity of Research.

Unit- III

Sampling and Tools of Research

Sampling Techniques: Probability and Non-probability Sampling Techniques, Research Tools, Construction of Schedules and Questionnaires, Pilot Study and Pre-Test, Psychological Tests and Inventories.

Books

1. Heiman, Gray (2001), Research Methods in Psychology, Wadsworth Publishing.
2. Heiman, Gray (2000), Understanding Research Methods and Statistics: An Integrated Introduction for Psychology, Wadsworth Publishing.
3. Singh, A. K. (1998), Tests, Measurements and Research Methods in Behavioural Sciences, Patna, Bharati Bhawan (P & D), (Third ed).
4. Kerlinger Ferd N (2009), Foundation of Behavioural Research, Delhi, Surjeet Publication.

Semester- I

Credit-6

F.M: 20+80=100

PAPER-IV STATISTICS

Unit- I

Normal Probability Curve
Characteristics and Application
Type-I and Type-II Errors
Skewness and Kurtosis.

Unit- II

Analysis of Variance-One way Analysis of Variance
Two way Analysis of Variance,
't' test correlated and un correlated 't' test.

Unit- III

Chi square, Mann- Whitney U test, Kruskal Wallis, Fried Man two way analysis of variance, Pearson 'r', Rank order Correlation, Reliability, Validity.

Books

1. Statistics in Psychology: Aron et al, Pearson.
2. Ferguson, G. A (1989), Statistical Analysis in Psychology and Education (6th Edition), New York, McGraw-Hill.
3. Siegel S & Castellen, N. J. (1988), Non Parametric Statistics for the Behavioural Sciences.
4. Guil Ford, J. P. (1976), Statistics in Psychology and Education (6th Edition), Tokyo, Tata McGraw Hill International Education.

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Semester- I

Credit-6

F.M: 100

PAPER-V

PSYCHOLOGY PRACTICAL WORK

Objectives: To Train the students to undergo the Practical work using the knowledge gained from the theory papers taught to them.

1. WAIS
2. Neuroticism and extraversion tests
3. Bilateral Transfer of Training
4. Visual Search

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Semester- II

Credit-6

F.M: 20+80=100

PAPER-VI
SOCIAL PSYCHOLOGY

Unit- I

Concepts of Attitude: Meaning and Definitions
Characteristics and Properties of Attitude
Determinants of Attitude
Measurements of Attitude
Prejudice Stereotypes

Unit- II

Propaganda: Meaning, Nature and Definitions
Kinds of Propaganda
Techniques of Propaganda

Unit- III

Aggressions: Forms of Aggressions, Development of Aggressions, Source of Aggressions, Prevention and Control of Aggressions, Altruism, Pro Social Behaviour, Factors Influencing Pro Social Behaviour.

1. Social Psychology (1995), Magadham.
2. Social Psychology, Baron & Byrne.
3. Mishra, Girishwar (2009), Applied Social Psychology in India (ed.) New Delhi, Sage.

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Semester- II

Credit-6

F.M: 20+80=100

PAPER-VII
EDUCATIONAL PSYCHOLOGY

Unit- I

Cognitive Development of Piaget and Learning
Vygotsky's Socio Cultural Perspective
Eriksons Stages of Psychological Development

Unit- II

Motivation in Teaching & Learning: Meaning and Nature of Motivation
Intrinsic and Extrinsic Motivation
Motivating the student in the classroom
Motivation of the teacher to teach the student
Maslow's need hierarchy

Unit- III

Teaching children with disabilities
Gifted Children, Mentally deficient children
Classroom Assessment Testing
Objective testing, Essay tests, Traditional tests, Grading.

Books

1. Educational Psychology by John W. Santrock.
2. Educational Psychology by N. L. Gage & David C. Berliner.

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Semester- II

Credit-6

F.M: 20+80=100

PAPER-VIII
PSYCHOLOGICAL TESTING

Unit- I

Test Design and Constructions
Administration and Scoring
Item Analysis and Test Standardization

Unit- II

Intelligence Testing:
Individual Tests
Group Intelligence Tests
Attitude Measurements

Unit- III

Meaning and Definition of Personality
Personality Assessment
Observations and Interviews
Projective Techniques

Books

1. Anastasi A (1988), Psychological Testing, 6th Edition Macmillan, New Delhi.
2. Kaplan (2013), Psychological Assessment and Theory, Creating and using Psychological Tests, 8th Edition.
3. Cohen, (2009), Psychological Testing, History, Principles and Applications, 4th Edition, Pearson Education, New Delhi.

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Semester- II

Credit-6

F.M: 20+80=100

PAPER-IX HEALTH PSYCHOLOGY

Unit- I

Definition of Health Psychology

The Mind body relationship

The Bio Psychosocial model vs bio medical model.

Unit- II

Definition of Stress

Soruce of Stress

Management of Stress

Health enhancing behaviour

Exercise, accident prevention, Yoga and meditations.

Unit- III

Alcoholism, Drug abuses, Prevention and Treatment of alcoholisms and drug abuses.

Psycho Physical disorders, Type- A and Type-B personalities, Hostility and Heart Disease (CHD), Preventions of heart diseases.

Books

1. Taylor Shelly E (2006), Health Psychology (6th Edition), New York, McGraw Hill, International Edition.
2. Brannon L & Feist, J. (2007), Introduction to Health Psychology (First Indian Reprint), Akash Press, New Delhi.

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Semester- II

Credit-6

F.M: 100

PAPER-X

PSYCHOLOGY PRACTICAL WORKS

MMPI

Anxiety Scale

Depression Scale

Attitude Measurement Scale

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Semester-III

Credit-6

F.M: 20+80=100

PAPER-XI

COUNSELLING PSYCHOLOGY

Unit- I

Definition of Counselling, Guidance, Psychopathology, Counselling
Current Trends in Counselling

Unit- II

Theoretical Approaches to Counselling: Psychoanalytic Cognitive and Behavioural
States of Counselling: Exploration and the Identification of goals,
Termination of a Counselling Relationships

Unit- III

Building Counselling Relationships,
Factors Influencing Counselling Processes
Client Qualities
Characteristics of an Effective Counsellor
Counselling Interview

Books

1. Counselling A. Comprehensive Profession (2009), Gladding, S. T. Pearson.
2. Counselling Older Clients (2003), Orbach, A. Sage.

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Semester-III

Credit-6

F.M: 20+80=100

PAPER-XII
CLINICAL PSYCHOLOGY

Unit- I

Classification and Diagnosis: DSM and ICD

Psychological Assessment: Clinical Interview, Psychological Tests, Behavioural and Cognitive Assessment.

Unit- II

Anxiety Disorders: Generalized Anxiety Disorders: Phobias, Obsessive- compulsive disorder, Treatment of Anxiety Disorders, Schizophrenia: Simple, Hebephrenic, Paranoid, Catatonic and Acute types, Bipolar disorders, Mania, Depressions, Their causes, Symptoms and Treatments.

Unit- III

Personality Disorders: Paranoid, Schizoid and Schizotypal Personality Disorder
Histrionic and Narcissistic Disorder,
Border-line Personality Disorder, Anti-Social behaviour
Treatment of Personality Disorders.

Books

1. Abnormal Psychology: Davison & Neale: Wiley.
2. Introduction to Health Psychology, Branon & Feist (2007), Thomson & Wadsworth.
3. Abnormal Psychology Sarason & Sarason Pearson.

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Semester- III

Credit-6

F.M: 20+80=100

PAPER-XIII

ORGANIZATIONAL BEHAVIOUR (Special Paper)

Unit- I

Defining Organisational Behaviour (OB)
Foundation of Organizational Behaviour
Importance of Organizational Behaviour
Organizational Behaviour Models

Unit- II

Organizational Structure, Organizational Design, Organizational Culture, Creativity
in Organization
Characteristics of Creative Individuals
Methods of Enhancing Creativity

Unit- III

Job Satisfaction: Models of Job Satisfaction
Cause of Job Satisfaction
Consequences of Job Satisfaction
Measuring Job Satisfaction, Leadership Qualities.

Books

1. Organizational Behaviour, 2009 by K. Aswathappa, Himalya Publishing House.
2. Behaviour in Organizations, 2003 by J. Greenberg & R. A. Baron.

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Semester- III

Credit-6

F.M: 20+80=100

PAPER-XIV

COUNSELLING ACROSS LIFE SPAN

Unit- I

Counselling Children with Special Concern:

Child Abuse

Children of Single or Divorced Parents

Children in Alcoholic Family,

Homeless Children

Unit- II

Counselling in Schools:

Poor Self Concept, Cheating

Under Achievement

Shyness

Unit- III

Counselling the Adults:

Marriage Counselling

Family Counselling

Counselling the old

Books

1. Counselling A Comprehensive Profession (2009), Gladding, S. T. Pearson.
2. Counselling Older Clients (2003), Orbach, A. Sage.

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Semester-III

Credit-6

F.M: 100

PAPER-XV

PSYCHOLOGY PRACTICAL WORKS

Objectives: To Train the students about the practical knowledge of testing in psychology and make them able to handle any psychological testing in their research.

Note: This paper carries 100 marks out of which 2 practicals of 50 marks each will be of 6 hours duration and will be conducted in two sittings. Students are required to conduct at least four practical's which will follow from the theory papers as mentioned in the syllabus and classroom teachings and discussions.

Leadership Scale,
Anxiety Scale,
Depression Scale,
Counselling Scale.

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Semester-IV

Credit-6

F.M: 20+80=100

PAPER-XVI

APPLIED SOCIAL PSYCHOLOGY

Unit- I

Class and Caste Systems in India
Gender Differences and Discriminations
Glass Ceiling effects

Unit- II

International Tensions: Meaning, concept and definitions
Nature and Problems of International tensions
Basic causes of International tensions
Reduction of International tensions

Unit- III

Psychological problems of deprivations
Poverty and Human Development
Planning for poverty reduction in India
Population explosions, its causes, Problems of Population explosions, Remedial measures.

Books

1. Mishra, Giriswar (2009), Applied Social Psychology in India (ed), New Delhi, Sage Publication.
2. Sinha, D. Tripathy, R. C. and Mishra G, (eds) (1982), Deprivations: Its Social Roots and Psychological Consequences, New Delhi, Concept publishing.
3. Mohanty, A. K. & Mishra, G. (2000), Psychology of Poverty and Disadvantage, Concept Publication, New Delhi.

Semester- IV

Credit-6

F.M: 20+80=100

PAPER-XVII

HUMAN RESOURCES MANAGEMENT

Unit- I

Meaning and Scope of Human Resource Management
Strategic role of Human Resource Management
Managing Global Human Resource

Unit- II

Recruitment and Placement Job Design
Job Analysis
Employee Testing and Selection

Unit- III

Training and Development: Training & Developing Employees
Performance Management
Employee Safety and Health

Books

1. Organisation change and Development, 2005 by Kavita Singh.
2. Human Resource Management, 2005 by Gary Desster, Prentice Hall of India.
3. Effective Human Resource Training and Developing Strategy, 2007 by B. R. Reddy, Himalaya Publishing House.

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Semester- IV

Credit-6

F.M: 20+80=100

PAPER-XVIII

COMMUNITY PSYCHOLOGY

Unit- I

Definition and Concept of Community Psychology

Role of Community Psychologists in Society

Unit- II

Rehabilitation: Primary, Secondary and Tertiary Prevention Programme for Old People

Rehabilitation of Socially Challenged

Unit- III

Disadvantage: Concept of disadvantage and category of disadvantage and deprived groups

Remedial Programmes for Disadvantage.

Books

1. Dalton, J. H. 2006, Community Psychology Linking Individual and Communities: Oxford University Press.
2. Mishra, H. C., Mishra, G. C. and Varadwaj, K. (2014), Fundamentals of Applied Psychology, Divya Prakashani, Bhubaneswar.

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Semester-IV

Credit-6

F.M: 100

PAPER-XIX

PRACTICAL WORKS

The students with clinical and counselling specialization will have to work in hospitals, clinics, schools, special schools, pre schools, old age home, destitute homes/ short stay homes, de addiction centres, orphanages, counselling centres etc. to gain practical experiences in the field of clinical psychology and counselling.

Students having organisational behaviour as their specialization will have to work in different industry, national and multinational organization to have to exposure and thereby gain experience in human resource development and human resource management in the field of organizational psychology.

The report is to be presented in power point form in about 10 minutes and the work to be evaluated by two (one external and one internal) examiners in the presence of other students.

Semester - IV

Credit-6

F.M: 70+30=100

PAPER-XX

DISSERTATION

The students will be trained to conduct a research on their own formulating a topic, developing a research design and using various techniques and tools of data collection and data analysis. They will draw inferences/ conclusions and write full and final dissertation which they have to submit for evaluation.

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